



2026 Girl Scout Cookies®

All our cookies have...

- NO High-Fructose Corn Syrup
- NO Partially Hydrogenated Oils (PHOs)
- Zero Grams Trans Fat per Serving
- RSPO Certified (Mass Balance) Palm Oil
- Halal Certification

The World's Most Flavorful Lineup



Adventurefuls® • Real Cocoa

Indulgent brownie-inspired cookies with caramel flavored crème and a hint of sea salt

Approximately 15 cookies per 6.3 oz. pkg.
U D



\$6

Lemon-Ups® NATURALLY FLAVORED WITH OTHER NATURAL FLAVORS

Crispy lemon flavored cookies with inspiring messages to lift your spirits

Approximately 12 cookies per 6.2 oz. pkg.
U D



\$6

Trefoils®

Iconic shortbread cookies inspired by the original Girl Scout recipe

Approximately 38 cookies per 9 oz. pkg.
U D



\$6

Do-si-dos® • Made with Natural Flavors • Real Peanut Butter • Whole Grain Oats

Oatmeal sandwich cookies with peanut butter filling

Approximately 20 cookies per 8 oz. pkg.
U D



\$6

Samoas® • Real Cocoa • Real Coconut

Crisp cookies with caramel, coconut, and dark chocolaty stripes

Approximately 15 cookies per 7.5 oz. pkg.
U D



\$6

Tagalongs® • Real Cocoa • Real Peanut Butter

Crispy cookies layered with peanut butter and covered with a chocolaty coating

Approximately 15 cookies per 6.5 oz. pkg.
U D



\$6

Thin Mints® • Made with Vegan Ingredients • Real Cocoa

Crisp, chocolaty cookies made with natural oil of peppermint

Approximately 30 cookies per 9 oz. pkg.
U



\$6

Exploremores™ • Real Cocoa NATURALLY AND ARTIFICIALLY FLAVORED

Rocky road ice cream-inspired cookies filled with flavors of chocolate, marshmallow and toasted almond crème

Approximately 18 cookies per 7.9 oz. pkg.
U D



\$6

Toffee-tastic® • No Artificial Flavors GLUTEN-FREE

Rich, buttery cookies with sweet, crunchy toffee bits

Approximately 14 cookies per 6.7 oz. pkg.
U D



\$6

Adventurefuls®

Nutrition Facts

About 7 servings per container
Serving size 2 cookies (24g)

Amount per serving
Calories 120
% Daily Value*

Total Fat 6g 7%
Saturated Fat 3.5g 18%
Trans Fat 0g
Cholesterol 0mg 0%
Sodium 80mg 4%
Total Carbohydrate 16g 6%
Dietary Fiber 1g 3%
Total Sugars 9g
Includes 9g Added Sugars 18%

Protein 1g
Vit. D 0mcg 0% • Calcium 10mg 0%
Iron 1.2mg 6% • Potas. 60mg 2%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: SUGAR, ENRICHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, VITAMIN B1 [THIAMIN MONONITRATE], VITAMIN B2 [RIBOFLAVIN], FOLIC ACID), VEGETABLE OIL (SOYBEAN, PALM AND PALM KERNEL), COCOA PROCESSED WITH ALKALI, SEMISWEET CHOCOLATE (SUGAR, CHOCOLATE, COCOA BUTTER, SOY LECITHIN, VANILLA EXTRACT), CONTAINS 2% OR LESS OF COCOA, MONOPALM MILK, MILK, SALT, SOY LECITHIN, BAKING SODA, NATURAL AND ARTIFICIAL FLAVORS, PAPRIKA EXTRACT (COLOR).

CONTAINS WHEAT, SOY AND MILK INGREDIENTS.
MANUFACTURED IN A SHARED FACILITY
WITH PEANUTS, TREE NUTS & EGGS.



Lemon-Ups®

Nutrition Facts

About 6 servings per container
Serving size 2 cookies (29g)

Amount per serving
Calories 140
% Daily Value*

Total Fat 6g 8%
Saturated Fat 2g 10%
Trans Fat 0g
Cholesterol 0mg 0%
Sodium 100mg 4%
Total Carbohydrate 20g 7%
Dietary Fiber 0g 0%
Total Sugars 7g
Includes 7g Added Sugars 14%

Protein 1g
Vit. D 0mcg 0% • Calcium 0mg 0%
Iron 0.7mg 4% • Potas. 10mg 0%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: ENRICHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, VITAMIN B1 [THIAMIN MONONITRATE], VITAMIN B2 [RIBOFLAVIN], FOLIC ACID), SUGAR, SOYBEAN AND PALM OIL, CONTAINS 2% OR LESS OF NATURAL FLAVORS, SALT, LEAVENING (BAKING SODA, SODIUM ACID PYROPHOSPHATE), ANNATTO EXTRACT COLOR, SOY LECITHIN, CITRIC ACID, WHEY PROTEIN CONCENTRATE, PROPYLENE GLYCOL, ALUMINATE, FRUCTOSE, MALIC ACID.

CONTAINS WHEAT, SOY AND MILK INGREDIENTS.
MANUFACTURED IN A SHARED FACILITY WITH PEANUTS, TREE NUTS & EGGS.



Trefoils®

Nutrition Facts

About 8 servings per container
Serving size 5 cookies (32g)

Amount per serving
Calories 160
% Daily Value*

Total Fat 7g 9%
Saturated Fat 2.5g 13%
Trans Fat 0g
Cholesterol 0mg 0%
Sodium 110mg 5%
Total Carbohydrate 21g 8%
Dietary Fiber 0g 0%
Total Sugars 7g
Includes 6g Added Sugars 12%

Protein 2g
Vit. D 0mcg 0% • Calcium 5mg 0%
Iron 1mg 4% • Potas. 35mg 0%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: ENRICHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, VITAMIN B1 [THIAMIN MONONITRATE], VITAMIN B2 [RIBOFLAVIN], FOLIC ACID), SUGAR, SOYBEAN AND PALM OIL, SUGAR, CONTAINS 2% OR LESS OF BROWN SUGAR (SUGAR, MOLASSES), SWEETENED CONDENSED MILK (MILK, SUGAR, BUTTERMILK, SALT, NATURAL AND ARTIFICIAL FLAVORS, BAKING SODA, SOY LECITHIN).

CONTAINS WHEAT, MILK AND SOY INGREDIENTS.
MANUFACTURED IN A SHARED FACILITY
WITH PEANUTS, TREE NUTS & EGGS.



Do-si-dos®

Nutrition Facts

About 6 servings per container
Serving size 3 cookies (34g)

Amount per serving
Calories 160
% Daily Value*

Total Fat 7g 9%
Saturated Fat 2g 10%
Trans Fat 0g
Cholesterol 0mg 0%
Sodium 100mg 4%
Total Carbohydrate 22g 8%
Dietary Fiber 1g 4%
Total Sugars 11g
Includes 10g Added Sugars 20%

Protein 3g
Vit. D 0mcg 0% • Calcium 15mg 0%
Iron 0.8mg 4% • Potas. 70mg 0%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: ENRICHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, VITAMIN B1 [THIAMIN MONONITRATE], VITAMIN B2 [RIBOFLAVIN], FOLIC ACID), SUGAR, WHOLE GRAIN OATS, SOYBEAN AND PALM OIL, PEANUT BUTTER, PEANUTS, HYDROGENATED PALM OIL, DEXTROSE, INVERT SUGAR, CONTAINS 2% OR LESS OF WHEY, SALT, LEAVENING (BAKING SODA, MONOCALCIUM PHOSPHATE), CORNSTARCH, NATURAL FLAVORS, SOY LECITHIN.

CONTAINS WHEAT, PEANUT, MILK AND SOY INGREDIENTS.
MANUFACTURED IN A SHARED FACILITY
WITH TREE NUTS & EGGS.



Samoas®

Nutrition Facts

About 7 servings per container
Serving size 2 cookies (29g)

Amount per serving
Calories 150
% Daily Value*

Total Fat 8g 10%
Saturated Fat 6g 30%
Trans Fat 0g
Cholesterol 0mg 0%
Sodium 60mg 3%
Total Carbohydrate 18g 7%
Dietary Fiber 0g 0%
Total Sugars 11g
Includes 10g Added Sugars 20%

Protein 1g
Vit. D 0mcg 0% • Calcium 10mg 0%
Iron 0.6mg 2% • Potas. 45mg 0%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: SUGAR, VEGETABLE OIL (PALM KERNEL, PALM AND SOYBEAN OIL), ENRICHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, VITAMIN B1 [THIAMIN MONONITRATE], VITAMIN B2 [RIBOFLAVIN], FOLIC ACID), CORN SYRUP, COCONUT, SWEETENED CONDENSED MILK (MILK, SUGAR), CONTAINS 2% OR LESS OF SORBITOL, COCOA, GLYCERIN, INVERT SUGAR, COCOA PROCESSED WITH ALKALI, CORNSTARCH, SALT, CARAMEL COLOR, DEXTROSE, NATURAL AND ARTIFICIAL FLAVORS, SOY LECITHIN, SORBITAN TRISTEARATE, LEAVENING (BAKING SODA, MONOCALCIUM PHOSPHATE), CARBAGEAN.

CONTAINS WHEAT, COCONUT, MILK AND SOY INGREDIENTS.
MANUFACTURED IN A SHARED FACILITY
WITH PEANUTS, TREE NUTS & EGGS.



Tagalongs®

Nutrition Facts

About 7 servings per container
Serving size 2 cookies (25g)

Amount per serving
Calories 140
% Daily Value*

Total Fat 8g 10%
Saturated Fat 4g 20%
Trans Fat 0g
Cholesterol 0mg 0%
Sodium 80mg 3%
Total Carbohydrate 13g 5%
Dietary Fiber 1g 4%
Total Sugars 8g
Includes 7g Added Sugars 14%

Protein 3g
Vit. D 0mcg 0% • Calcium 0mg 0%
Iron 0.7mg 2% • Potas. 60mg 0%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: PEANUT BUTTER (PEANUTS, SUGAR, HYDROGENATED PALM OIL, SALT), SUGAR, ENRICHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, VITAMIN B1 [THIAMIN MONONITRATE], VITAMIN B2 [RIBOFLAVIN], FOLIC ACID), VEGETABLE OIL (PALM KERNEL, PALM AND SOYBEAN OIL), COCOA, CONTAINS 2% OR LESS OF INVERT SUGAR, CORNSTARCH, SALT, SORBITAN TRISTEARATE, SOY LECITHIN, LEAVENING (BAKING SODA, MONOCALCIUM PHOSPHATE), NATURAL AND ARTIFICIAL FLAVORS, WHEY, PARTIALLY DEPLETED PEANUT FLOUR.

CONTAINS PEANUT, WHEAT, SOY AND MILK INGREDIENTS.
MANUFACTURED IN A SHARED FACILITY
WITH TREE NUTS & EGGS.



Thin Mints®

MADE WITH VEGAN INGREDIENTS

Nutrition Facts

About 8 servings per container
Serving size 4 cookies (31g)

Amount per serving
Calories 160
% Daily Value*

Total Fat 7g 9%
Saturated Fat 5g 25%
Trans Fat 0g
Cholesterol 0mg 0%
Sodium 120mg 5%
Total Carbohydrate 21g 8%
Dietary Fiber <1g 3%
Total Sugars 10g
Includes 9g Added Sugars 18%

Protein 2g
Vit. D 0mcg 0% • Calcium 10mg 0%
Iron 1.2mg 6% • Potas. 40mg 0%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: ENRICHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, VITAMIN B1 [THIAMIN MONONITRATE], VITAMIN B2 [RIBOFLAVIN], FOLIC ACID), SUGAR, VEGETABLE OIL (PALM KERNEL, PALM AND SOYBEAN OIL), COCOA, CARAMEL COLOR, CONTAINS 2% OR LESS OF COCOA PROCESSED WITH ALKALI, INVERT SUGAR, LEAVENING (BAKING SODA, MONOCALCIUM PHOSPHATE), CORNSTARCH, SALT, SORBITAN TRISTEARATE, SOY LECITHIN, NATURAL AND ARTIFICIAL FLAVORS, OIL OF PEPPERMINT.

CONTAINS WHEAT AND SOY INGREDIENTS.
MANUFACTURED IN A SHARED FACILITY
WITH PEANUTS, TREE NUTS, MILK & EGGS.
MADE WITH VEGAN INGREDIENTS.
NON-VEGAN INGREDIENTS.



Exploremores™

Nutrition Facts

About 9 servings per container
Serving size 2 cookies (26g)

Amount per serving
Calories 130
% Daily Value*

Total Fat 5g 7%
Saturated Fat 2g 9%
Trans Fat 0g
Cholesterol 0mg 0%
Sodium 100mg 4%
Total Carbohydrate 18g 7%
Dietary Fiber 1g 3%
Total Sugars 8g
Includes 8g Added Sugars 16%

Protein 1g
Vit. D 0mcg 0% • Calcium 10mg 2%
Iron 1.3mg 8% • Potas. 80mg 2%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: ENRICHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), SUGAR, VEGETABLE OIL (SOYBEAN AND PALM OIL WITH TRIO FOR FRESHNESS), COCOA (PROCESSED WITH ALKALI), CONTAINS LESS THAN 2% OF: INVERT SUGAR, SALT, LEAVENING (BAKING SODA, AMMONIUM BICARBONATE, MONOCALCIUM PHOSPHATE), MOLASSES, SOY LECITHIN, NATURAL AND ARTIFICIAL FLAVORS, PEANUT FLOUR, WHEY (MILK).

CONTAINS SOY, WHEAT, PEANUT AND MILK INGREDIENTS.
MANUFACTURED IN A SHARED FACILITY
WITH TREE NUTS & EGGS.



Toffee-tastic®

GLUTEN-FREE

Nutrition Facts

About 7 servings per container
Serving size 2 cookies (28g)

Amount per serving
Calories 140
% Daily Value*

Total Fat 7g 9%
Saturated Fat 4g 20%
Trans Fat 0g
Cholesterol 10mg 3%
Sodium 90mg 4%
Total Carbohydrate 19g 7%
Dietary Fiber 0g 0%
Total Sugars 7g
Includes 7g Added Sugars 14%

Protein <1g
Vit. D 0mcg 0% • Calcium 0mg 0%
Iron 0.1mg 0% • Potas. 5mg 0%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: RICE FLOUR, TAPIOCA STARCH, SUGAR, BUTTER (CREAM, SALT), PALM OIL, BROWN RICE FLOUR, BUTTER TOFFEE BITS (SUGAR, BUTTER (CREAM, SALT), CORN SYRUP, SOY LECITHIN, SALT), INVERT SUGAR, CONTAINS 2% OR LESS OF SALT, SOY LECITHIN, XANTHAN GUM, BAKING SODA.

CONTAINS MILK AND SOY INGREDIENTS.
MANUFACTURED IN A SHARED FACILITY
WITH PEANUTS, TREE NUTS, WHEAT & EGGS.



Quick reference for allergens:

	SOY	WHEAT	MILK	PEANUTS	TREE NUTS	EGGS
Adventurefuls	●	●	●	●	●	●
Lemon-Ups	●	●	●	●	●	●
Trefoils	●	●	●	●	●	●
Do-si-dos	●	●	●	●	●	●
Samoas	●	●	●	●	●	●
Tagalongs	●	●	●	●	●	●
Thin Mints	●	●	●	●	●	●
Exploremores	●	●	●	●	●	●
Toffee-tastic	●	●	●	●	●	●

● CONTAINS
● MANUFACTURED IN A SHARED FACILITY WITH
*MADE WITH COCONUT

Refer to your cookie package for the most current cookie information.



RSPO-1106110

Although the use of palm oil in Little Brownie Bakers' Girl Scout Cookies® is limited, the palm oil used in our Girl Scout products is Certified Mass Balance palm oil. The Mass Balance System ensures that the palm oil Little Brownie Bakers uses contributes to the production of environmentally responsible, socially beneficial and economically viable palm oil. For more information please visit LittleBrownie.com.

For more info visit:



LittleBrownie.com



girlscoutcookies.org